

1. a) $k = 2000 \text{ N/m}$
 $\Delta x = 0.400 \text{ m}$

$$E_c = \frac{1}{2} k \Delta x^2$$

$$= \frac{1}{2} (2000 \text{ N/m}) (0.400 \text{ m})^2$$

$$E_c = 160 \text{ J}$$

b)

$$E_c = \frac{1}{2} m v^2$$

$$m = 2 \text{ kg}$$

$$v = \sqrt{\frac{2E_c}{m}} = \sqrt{\frac{2(160 \text{ J})}{2 \text{ kg}}} = 12.6 \text{ m/s}$$

$$\text{Units: } \sqrt{\frac{\text{J}}{\text{kg}}} = \sqrt{\frac{\text{kg} \cdot \text{m}^2/\text{s}^2}{\text{kg}}} = \sqrt{\text{m}^2/\text{s}^2} = \text{m/s}$$

2. a) $k = 650 \text{ N/m}$
 $\Delta x = 0.100 \text{ m}$

$$E_c = \frac{1}{2} k \Delta x^2 = \frac{1}{2} (650 \text{ N/m}) (0.100 \text{ m})^2$$

$$E_c = 3.25 \text{ J}$$

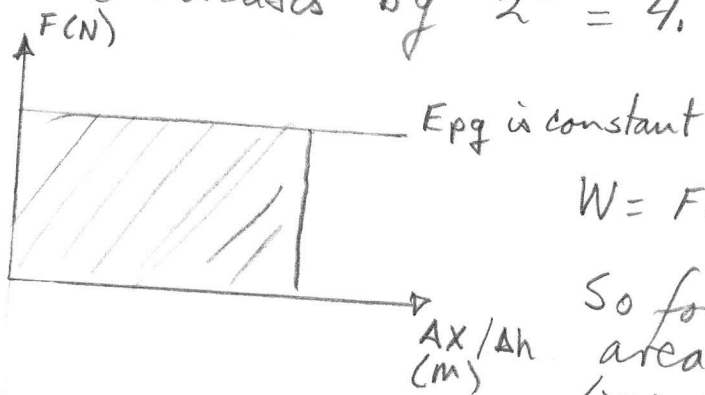
b) $3E_c = \frac{1}{2} k \Delta x^2$

$$\Delta x = \sqrt{\frac{6E_c}{k}} = \sqrt{\frac{6(3.25 \text{ J})}{650 \text{ N/m}}} = 0.173 \text{ m}$$

$$\text{Additional length } 0.173 \text{ m} - 0.100 \text{ m} = 0.073 \text{ m}$$

3. a) Since $E_c = \frac{1}{2} k \Delta x^2$, when Δx doubles
 E_c increases by $2^2 = 4$.

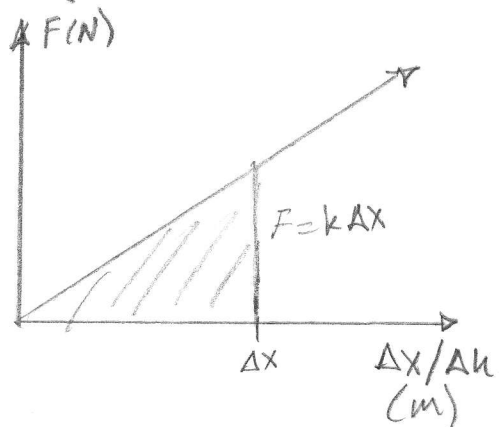
b)



$$W = F \cdot \Delta x ; \text{ N} \cdot \text{m} = \text{J}$$

So for gravity the area (= Energy) increases linearly w/ Δx .

3. b) (cont'd)



$$W = F \cdot \Delta X$$

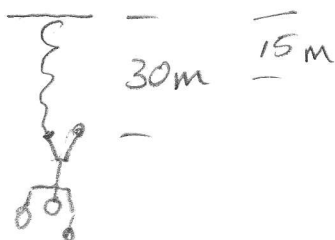
Here F increases w/ ΔX .

The area (Energy) increases as the area of a triangle increases

The area is $\frac{b \cdot h}{2}$

$$W = \frac{(F) \Delta X}{2} = \frac{(k \Delta X)(\Delta X)}{2} = \frac{1}{2} k \Delta X^2$$

4. $m = 65.0 \text{ kg}$

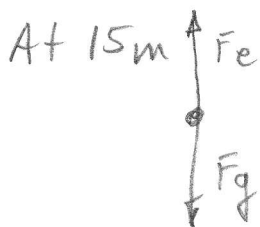


$$h = 30 \text{ m}$$

Gravitational potential energy $E_{pg} = mgh$

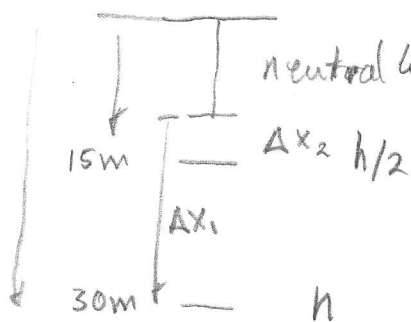
equals elastic potential energy $E_e = \frac{1}{2} k \Delta X^2$

$$mgh = \frac{1}{2} k \Delta X_1^2$$



$$\sum F_y = 0; \quad F_e = F_g; \quad k \Delta X_2 = mg$$

(Way too complex for this course. Go to next problem)



$$L + \Delta X_2 = h/2 \quad L = h/2 - \Delta X_2$$

$$L + \Delta X_1 = h \quad L = h - \Delta X_1$$

$$15 \text{ m} - \Delta X_2 = h - \Delta X_1$$

4. (cont'd)

$$\Delta X_1 - \Delta X_2 = h/2$$

$$\Delta X_2 = \Delta X_1 - h/2$$

From the force equation

$$k \Delta X_2 = mg$$

$$k(\Delta X_1 - h/2) = mg$$

$$\Delta X_1 - h/2 = \frac{mg}{k} \quad \Delta X_1 = \frac{mg}{k} + \frac{h}{2}$$

From the energy equation.

$$mgh = \frac{1}{2} k \left(\frac{mg}{k} + \frac{h}{2} \right)^2$$

$$mgh = \frac{k}{2} \left(\frac{m^2 g^2}{k^2} + (h) \frac{mg}{k} + \frac{h^2}{4} \right)$$

$$h = \frac{k}{2} \left(\frac{mg}{k} + \frac{h}{k} + \frac{h^2}{4mg} \right)$$

Divide by
 mg

$$h = \frac{mg}{2k} + \frac{h}{2} + \frac{h^2}{8mg} k$$

$$0 = \frac{mg}{2k} - \frac{3h}{2} + \frac{h^2}{8mg} k$$

Factor out
 $\frac{1}{2k}$

$$\frac{1}{2k} \left(mg - (3h)k + \frac{h^2}{4mg} k^2 \right) = 0$$

For this to be true the quadratic eq'n must be true.

$$\left(\frac{h^2}{4mg} \right) k^2 - (3h)k + mg = 0$$

$$\left(\frac{(30 \text{ m})^2}{4(65 \text{ kg})9.8 \text{ m/s}^2} \right) k^2 - (90 \text{ m})k + (65 \text{ kg})(9.8 \text{ m/s}^2) = 0$$

$$\left(0.3532 \frac{\text{m}^2}{\text{N}} \right) k^2 - (90 \text{ m})k + 637 \text{ N} = 0$$

Use quadratic equation calculator online...

$$k = 247.5 \frac{\text{N}}{\text{m}} \text{ or } 7.286 \text{ N/m}$$

Choose $k = 247.5 \text{ N/m}$

$$\text{If } k = 7.286 \text{ N/m} \quad \Delta X_2 = \frac{mg}{k} = \frac{(65 \text{ kg})(9.8 \text{ m/s}^2)}{7.286 \text{ N/m}}$$

$$\Delta X_2 = 87.4 \text{ m} \quad \text{Not possible}$$

$$\text{But if } k = 247.5 \text{ N/m} \quad \Delta X_2 = \frac{(65 \text{ kg})(9.8 \text{ m/s}^2)}{247.5 \text{ N/m}}$$

$$\Delta X_2 = 2.57 \text{ m}$$

this is reasonable.

The solution I saw online did not take into account $\Delta X_2 > 0$. They set $\Delta X_2 = 0$

5. a) Slope $k = \frac{50N}{0.8m}$

$$k = 62.5 \frac{N}{m}$$

b) $F \cdot \Delta x = N \cdot m = J$

6. $\Delta x = 0.35m$
 $F_e = 10.5N$

a) $k = \frac{F}{\Delta x} = \frac{10.5N}{0.35m} = 30N/m$

$$E_e = \frac{1}{2} k \Delta x^2 = \frac{1}{2} (30N/m) (0.35m)^2$$

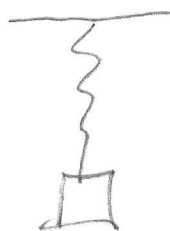
$$E_e = 1.84J$$

b) $\Delta x = 0.20m$
 $E_e = \frac{1}{2} k \Delta x^2 = \frac{1}{2} (30N/m) (0.20m)^2 = 0.6J$

$$\Delta E_e = 0.6J - 1.84J = -1.24J$$

$$\Delta E_e = -1.24J \quad 1.24J \text{ less}$$

7.



$$m = 0.20kg$$

$$k = 55N/m$$

Answer b) first.

b) $V_i = 0m/s$
 $h_i = ?$
 $\Delta x_i = 0m$

$V_f = 0m/s$
 $h_f = 0m$
 $\Delta x_f = h_i$

Use conservation
of Mechanical
Energy.

$$\frac{1}{2} m V_i^2 + mgh_i + \frac{1}{2} k \Delta x_i^2 = \frac{1}{2} m V_f^2 + mgh_f + \frac{1}{2} k \Delta x_f^2$$

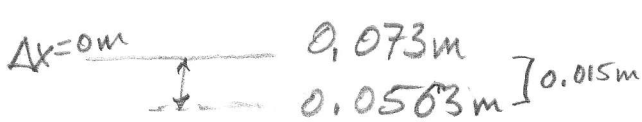
$$mgh_i = \frac{1}{2}k \Delta x_i^2 = \frac{1}{2}k h_i^2$$

$$mg = \frac{1}{2}k h_i$$

$$h_i = \frac{2mg}{k} = \frac{2(0.2\text{kg})(9.8\text{m/s}^2)}{55\text{N/m}}$$

$$h_i = 0.0713\text{ m}$$

a) _____



$$V_i = 0\text{ m/s}$$

$$h_i = 0.0713\text{ m}$$

$$\Delta x_i = 0\text{ m}$$

$$V_f = ?$$

$$h_f = 0.0563\text{ m}$$

$$\Delta x_f = 0.015\text{ m}$$

_____ $h = 0\text{ m}$

$$\frac{1}{2}m V_i^2 + mgh_i + \frac{1}{2}k \Delta x_i^2 = \frac{1}{2}m V_f^2 + mgh_f + \frac{1}{2}k \Delta x_f^2$$

$$mg(h_i - h_f) - \frac{1}{2}k \Delta x_f^2 = \frac{1}{2}m V_f^2$$

$$2g(h_i - h_f) - \frac{k}{m} \Delta x_f^2 = V_f^2$$

$$V_f = \left[2g(h_i - h_f) - \frac{k}{m} \Delta x_f^2 \right]^{1/2}$$

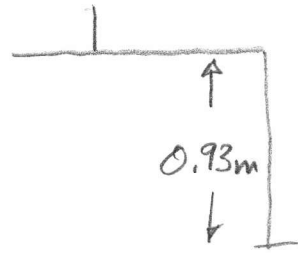
$$= \left[2(9.8\text{m/s}^2)(0.0713\text{m} - 0.0563\text{m}) - \frac{55\text{N/m} (0.015\text{m})^2}{(0.20\text{kg})} \right]^{1/2}$$

$$V_f = 0.48\text{ m/s}$$

8. $k = 12 \text{ N/m}$

$m = 8.3 \times 10^{-3} \text{ kg}$

$\Delta x = 0.040 \text{ m}$



$\Delta y = 0.93 \text{ m}$

Part I Find $v_i = ?$

$$\frac{1}{2} k \Delta x^2 = \frac{1}{2} m v^2$$

$$v^2 = \frac{k}{m} \Delta x^2$$

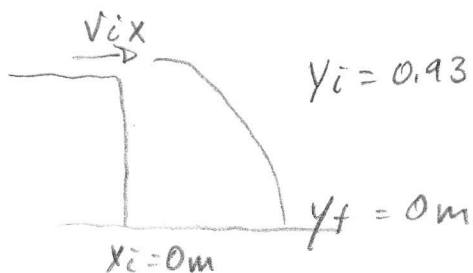
$$v = \sqrt{\frac{k}{m} \Delta x^2} = \sqrt{\frac{(12 \text{ N/m})(0.040 \text{ m})^2}{8.3 \times 10^{-3} \text{ kg}}}$$

$$v = 1.5 \text{ m/s}$$

Units:

$$\sqrt{\frac{(\text{N/m}) \text{ m}^2}{\text{kg}}} = \sqrt{\frac{(\text{kg} \cdot \text{m/s}^2)(\text{m}^2)}{\text{kg}}}$$

$$= \sqrt{\text{m}^2/\text{s}^2} = \text{m/s}$$

Part II Now it's a VAM. equation problem, projectile motion, with the ball launched horizontally.

$y_i = 0.93 \text{ m}$

$v_{ix} = 1.5 \text{ m/s}$

$a_y = -9.8 \text{ m/s}^2$

$v_{iy} = 0 \text{ m/s}$

$y_f = 0 \text{ m}$

Find how long it takes to fall in free fall.

$$y_f = y_i + v_{iy} \Delta t + \frac{1}{2} a_y \Delta t^2$$

$$-2y_i = a_y \Delta t^2$$

$$\Delta t = \sqrt{\frac{-2y_i}{a_y}} = \sqrt{\frac{-2(0.93\text{m})}{-9.8\text{m/s}^2}}$$

$$\Delta t = 0.436\text{ s}$$

Now how far in x-direction,

$$X_f = X_i + v_{ix} \Delta t$$

$$X_f = (1.5\text{m/s})(0.436\text{ s})$$

$$\boxed{X_f = 0.65\text{ m}}$$